



St Vincent de Paul Lunch Menu

March 2017



Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
No Meat on Fridays during Lent 		 Ash Wednesday		
A. Pulled Fork Salad B. Sandwich C. Additional Sides; Sweet Peas, CA Veggies, Sliced Apples Juice/Milk	A. Chicken Bites B. Salad C. Sandwich Additional Sides; Black Beans, Corn, Pineapples, Juice/Milk	A. Chili Dogs B. Salad C. Sandwich Additional Sides; Chili, Oven Fries, Sliced Carrots, Sliced Peaches, Juice/Milk	A. Chicken Alfredo Pasta B. Salad C. Sandwich Additional Sides; Spinach, Pinto Beans, Applesauce, Juice/Milk	A. Mac & Cheese B. Salad C. Sandwich- NO MEAT PB&J or Tuna Additional Sides; Yams, Green Beans, Applesauce, Tuna Fish, Juice/Milk
13	14	15	16	
A. Corn Dogs B. Salad C. Sandwich Additional Sides; Cheesy CA Veggies, Carrots w/Ranch, Peaches, Juice/Milk	A. Diced Bar-B-Que Chicken on a Bun B. Salad C. Sandwich Additional Sides; Slider Bun, Blackeye Peas, Broccoli & Cheese, Rosey Applesauce, Juice/Milk	A. Grilled Hamburger or Cheeseburger B. Salad C. Sandwich Additional Sides; Oven Fries, Baked Beans, Oranges, Juice/Milk	A. Chicken Tenders B. Salad C. Sandwich Additional Sides; Mashed Potatoes w/Gravy, Spinach, Fruit of the Day, Juice/Milk	A. Ranch Parmesan Pasta B. Salad C. Sandwich-NO MEAT PB&J or Tuna Additional Sides; Cream Style Corn, Irish Pears,
20	21	22	23	24
A. Chicken Nuggets B. Salad C. Sandwich Additional Sides; Tator Tots, Sweet Peas, Peaches Juice/Milk	A. John Wayne Cassarole B. Salad C. Sandwich Additional Sides; Corn, Kidney Beans, Diced Pears Juice/Milk 2nd Grade Field Trip	A. Hamburger Steak w/Gravy B. Salad C. Sandwich Additional Sides; Diced Potatoes w/Butter, CA Veggies, Fruit of the Day, Juice/Milk	A. Chicken Bites B. Salad C. Sandwich Additional Sides; Oven Fries, Mixed Veggies, Pineapples, Juice/Milk	A. Baked Ziti (Spaghetti w/sauce) B. Salad C. Sandwich-NO MEAT PB&J or Tuna Additional Sides; Bread, Green Beans, Carrots, Fruit Cocktail Juice/Milk
27	28	29	30	31
A. Ravioli B. Salad C. Sandwich Additional Sides; Glazed Carrots, Mixed Fruit, Milk/Juice	A. Chicken Tenders B. Salad C. Sandwich Additional Sides; Mashed Potatoes w/Gravy, Broccoli, Strawberries, Juice/Milk	A. Breakfast B. Salad C. Sandwich Pancake/Waffle, Cheese Omelet, Sausage Additional Sides; Grits, Tots, Pears, Juice/Milk	A. Chicken Fajitas B. Salad C. Sandwich Additional Sides; Salsa & Tortilla Chips, Pinto Beans, Fruit of the day, Juice/Milk	A. Seafood Basket B. Salad C. Sandwich- NO MEAT PB&J or Tuna Additional Sides; Diced Potatoes, Blackeye Peas, Hush Puppies, Applesauce, Juice/Milk

Salads Served Daily: Chef Salad, Tuna Salad and Grilled Salad

Sandwiches Served Daily: Ham, Turkey, Tuna, PB&J, and Grilled Chicken

Select 1 Entrée Daily \$3.50 Includes Milk

Variety of Milk and Juice Served Daily \$.50
extra or with lunch boxes

Grade 1st-6th- snacks may be purchased during morning recess - Grades 4th-6th- Snacks may be purchased during morning recess and after lunch - Snacks can be purchased with cash or charged to the students lunch account as an a la carte item - Breakfast available daily, preorders not required

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