



MONTH of OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9	3*Bacon, *Toast, *Cereal, *Pop Tarts,*Cereal Bar, **Yogurt, Applesauce or Fruit Milk/Juice	4*Pancake & Sausage on a Stick *Cereal, *Pop Tarts, **Yogurt *Applesauce or Fruit Milk/Juice	5*Cereal, Bacon *Pop Tarts,*Cereal Bar, **Yogurt, Applesauce or Fruit Milk/Juice	6*Mini Pancakes *Cereal, Pop Tarts, Cereal Bar **Yogurt *Applesauce or Fruit Milk/Juice	7 Biscuits, Bacon *Cereal, *Pop Tarts, *Cereal Bar **Yogurt Applesauce or Fruit Milk/Juice	8
10	10 Columbus Day 	11*Pancake & Sausage on a Stick *Cereal, *Pop Tarts, **Yogurt *Applesauce or Fruit Milk/Juice	12*Egg Omelet, Bacon *Cereal, *Pop Tarts, *Cereal Bar **Yogurt Applesauce or Fruit Milk/Juice	13*Breakfast Boat *Cereal, *Pop Tarts,* Cereal Bar **Yogurt Applesauce or Fruit Milk/Juice	14 Bacon, **Cereal, *Pop Tarts, *Cereal Bar, **Yogurt, *Applesauce or Fruit Milk/Juice	15
16	17*Mini Waffles, Bacon *Cereal, Pop Tarts, Cereal Bar **Yogurt *Applesauce or Fruit Milk/Juice	18 *Cereal, *Pop Tarts, *Cereal Bar ** Yogurt Applesauce or Fruit Milk/Juice	19*Biscuit & Bacon *Cereal, Pop Tarts, Cereal Bar **Yogurt *Applesauce or Fruit Milk/Juice	20*Mini Pancakes *Cereal, *Pop Tarts, *Cereal Bar **Yogurt Applesauce or Fruit Milk/Juice	21 *Cereal, Bacon *Pop Tarts, *Cereal Bar **Yogurt *Applesauce or Fruit Milk/Juice	
23	24 *Cereal, Bacon *Pop Tarts,*Cereal Bar, **Yogurt, Applesauce or Fruit Milk/Juice	25*Breakfast Boat *Cereal, *Pop Tarts, *Cereal Bar **Yogurt Applesauce or Fruit Milk/Juice	26*Mini Pancakes *Cereal, Pop Tarts, Cereal Bar **Yogurt *Applesauce or Fruit Milk/Juice	27*Egg Omelet *Cereal, *Pop Tarts, *Cereal Bar **Yogurt Applesauce or Fruit Milk/Juice	28*Biscuit & Ham *Cereal, *Pop Tarts, *Cereal Bar **Yogurt *Applesauce or Fruit Milk/Juice	29
 30	31*Pancake & Sausage on a Stick *Cereal, *Pop Tarts, **Yogurt *Applesauce or Fruit Milk/Juice					

