


# St Vincent de Paul Lunch Menu

## September 2016

All Lunches Should Be Pre-Paid Monthly

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			A. Red Beans & Rice B. Salad C. Sandwiches Additional Sides: Spinach, Corn Muffin, Icee Dog, Juice, Milk	A. Bar-B-Que Pork on Bun B. Salad C. Sandwiches Additional Sides: Baked Beans, Broccoli, Sliced Pears, Juice, Milk
5	6	7	8	9
	A. Mac & Cheese B. Salad C. Sandwiches Additional Sides: Mixed Veggies, Glazed Carrots, Blueberry Ice, Juice, Milk	A. Tacos (Hard & Soft) B. Salad C. Sandwiches Additional Sides: Pinto Beans, Lettuce, Tomato, Applesauce, Juice, Milk	A. Chicken Tenders B. Salad C. Sandwiches Additional Sides: Oven Fries, Kidney Beans, Peaches, Juice, Milk	A. Chili Cheese Tots B. Salad C. Sandwiches Additional Sides: Corn Diced Pears, Juice, Milk
12	13	14	15	16
A. Mexi Pizza B. Salad C. Sandwiches Additional Sides: Cream Corn, Side Salad, Strawberry Ice, Juice, Milk	A. Chicken Nuggets B. Salad C. Sandwiches Additional Sides: Mashed Potatoes, Gravy, Peas, Pineapples, Juice, Milk	A. Grilled Cheese B. Salad C. Sandwiches Additional Sides: Chili, CA Veggies, Fruit Cocktail, Juice, Milk	A. Alfredo Pasta -No Meat B. Salad C. Sandwiches Additional Sides: Lima Beans, Carrots, Fruit of the Day, Juice, Milk	A. Hamburger B. Salad C. Sandwiches Additional Sides: Cheese, Green Beans, Yams, Apples, Juice, Milk
19	20	21	22	23
A. Meatball Sub (BarBQue) B. Salad C. Sandwiches Additional Sides: Hot Dog Bun, Spinach, Mixed Veggies, Mandarin Oranges, Juice, Milk	A. Chicken Tenders B. Salad C. Sandwiches Additional Sides: Rice & Gravy, Peas, Peaches, Juice, Milk	A. Corn Dogs B. Salad C. Sandwiches Additional Sides: Baked Beans, Broccoli & Cheese, Sliced Pears Juice, Milk	A. Ravoli B. Salad C. Sandwich Additional Sides; Corn, Green Beans, Fruit of the Day, Juice/Milk	A. Honey Bar-B-Que Chicken Bites B. Salad C. Sandwiches Additional Sides: Oven Fries, Cooked Carrots, Applesauce, Juice, Milk
26	27	28	29	30
A. Diced Bar-B-Que Chicken B. Salad C. Sandwiches Additional Sides: Blackeye Peas, Diced Potatoes, Fruit of the Day, Juice, Milk	A. Hot Dogs B. Salad C. Sandwiches Additional Sides: Chili, Cheese, Oven Fries, Mixed Fruit, juice, Milk	A. Nacho Grande B. Salad C. Sandwiches Additional Sides: Salsa, Black Beans, Diced Apples, Juice, Milk	A. Chicken Nuggets B. Salad C. Sandwiches Additional Sides: Mixed Veggies, Mac & Cheese, Pudding, Juice, Milk	A. Cheese Omelet B. Salad C. Sandwiches Additional Sides: Sliced Ham, Hash Browns, Grits, Carrots & Dip, Fruit of the Day, Juice, Milk

Salads Served Daily: Chef Salad, Tuna Salad and Grilled Chicken Salad

Sandwiches Served Daily: Ham, Turkey, Tuna, PB&J, and Grilled Chicken

Select 1 Entrée Daily \$3.50 Includes Milk

Variety of Milk and Juice Served Daily \$ .50

Grade 1st-6th- snacks may be purchased during morning recess - Grades 4th-6th- Snacks may be purchased during morning recess and after lunch - Snacks must be purchased with cash as an a la carte item - Breakfast available daily, no preorders

### BREAKFAST & LUNCH PROGRAM

St. Vincent de Paul School serves both breakfast and lunch. Federal assistance is available for qualifying families regardless of race, sex or national origin. As part of federal guidelines, "fast food" items and carbonated beverages

**May not be brought in cafeteria at lunch by the student and/or the parent.**