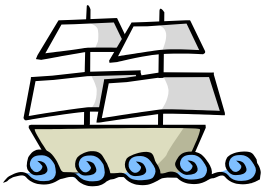



St Vincent de Paul Lunch Menu

October 2017



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| 2 | 3 | 4 | 5 | 6 |
| A. Hamburger Steak or Hamburger B. Salad C. Sandwiches Rice/Gravy, Lima Beans, Fruit Juice or Milk | A. Tacos or Hamburger B. Salad C. Sandwiches Vegetables of the Day, Fruit Juice or Milk | A. Sloppy Joe or Hamburger B. Salad C. Sandwiches Diced Potatoes, Broccoli, Fruit Juice or Milk | A. Chkn Pot Pie or Hamburger B. Salad C. Sandwiches Spinach, Fruit Juice or Milk | A. Chicken Tenders or Hamburger B. Salad C. Sandwiches Oven Fries, Broccoli & Cheese, Fruit Juice or Milk |
| 9 | 10 | 11 | 12 | 13 |
|  | A. Chicken Nuggets or Hamburger B. Salad C. Sandwiches French Fries, Mac & Cheese, Pudding, Juice, Milk | A. Warm Ham & Cheese or HBurger B. Salad C. Sandwiches Oven Fries, Veggie of the day, Fruit Juice or Milk | A. Spaghetti w/mt Sauce or HBurger B. Salad C. Sandwiches Garlic Bread, Green Beans, Peas, Fruit Juice or Milk | A. Cheese Pizza or Hamburger B. Salad C. Sandwiches Veggies of the Day, Fruit Milk or Juice |
| 16 | 17 | BookFair Family Lunch | 19 | 20 |
| A. Corn Dogs or Hamburger B. Salad C. Sandwiches Baked Beans, Broccoli, Fruit Juice or Milk | A. Chicken Fajitas or Hamburger B. Salad C. Sandwiches Corn, Black Beans, Fruit Juice or Milk | A. Chicken Tenders or Hamburger B. Salad C. Sandwiches Oven Fries, Veggies, Fruit Juice or Milk | A. Meatball Sub or Hamburger B. Salad C. Sandwich Vegetables of the Day, Fruit Juice or Milk | A. Stuffed Crust Pizza or Hamburger B. Salad C. Sandwich Veggies of the Day, Fruit Juice or Milk |
| 23 | 24 | 25 | 26 | 27 |
| A. Ravioli or Hamburger B. Salad C. Sandwiches Mashed Potatos, CA Veggies, Fruit Juice or Milk | A. Nacho Grande or Hamburger B. Salad C. Sandwiches Pinto Beans, Vegetable, Fruit Juice or Milk | A. Chkn A La King or Hamburger B. Salad C. Sandwich Green Beans, Spinach, Fruit Juice or Milk | A. Spaghetti w/mt Sauce or Hburger B. Salad C. Sandwiches GarlicBread, Veggies Fruit Juice or Milk | A. Chkn Nuggets or Hamburger B. Salad C. Sandwiches Rice & Gravy, Green Beans, Fruit Juice or Milk |
| 30 | 31 |  | | USDA is an equal opportunity provider, employer, and lender |
| A. Hot Dogs or Hamburger B. Salad C. Sandwiches Chili, Cheese, Mixed Veggies, Fruit Juice or Milk | A. Chicken Nachos or Hamburger B. Salad C. Sandwiches Vegetables of the Day Fruit Juice or Milk | | | |

Salads Served Daily: Chef Salad, Tuna Salad and Grilled Chicken Salad

Sandwiches Served Daily: Ham, Tuna, PB&J, and Grilled Chicken

Select 1 Entrée Daily \$3.50 Includes Milk

Variety of Milk, Juice and bottled water served Daily - \$.50 extra or with lunch boxes

Snacks may be purchased during morning recess until 9:40am, cash only. Grab and Go Breakfast available daily, preorders not required - although payment should be sent in. There is no charging for any type of snack. Lunch accounts must be paid in advance.

Breakfast and Lunch Program

St. Vincent de Paul School serves breakfast and lunch. Federal assistance is available for qualifying families regardless of race, sex or national origin. As part of federal guidelines, "fast food" items and carbonated beverages may not be brought into the cafeteria at lunch by the student and/or parent or guardian.