

St Vincent de Paul Lunch Menu

SEPTEMBER 2017

All Lunches Should Be Pre-Paid Monthly

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				A. BBQ Chicken Pizza or Hamburger B. Salad C. Sandwiches Baked Beans, Broccoli, Sliced Pears, Juice, Milk
4	5	6	7	8
LABOR DAY	A. Tacos (Hard & Soft) or Hamburger B. Salad C. Sandwiches Pinto Beans, Lettuce, Tomato, Applesauce, Salsa Juice, Milk	A. Mac & Cheese or Hamburger B. Salad C. Sandwiches Green Beans, Glazed Carrots, Fruit Ice, Juice, Milk	A. Chicken Tenders or Hamburgers B. Salad C. Sandwiches Oven Fries, Kidney Beans, Peaches, Juice, Milk	A. Pepperoni Pizza or Hamburgers B. Salad C. Sandwiches Corn, Diced Pears, Juice, Milk
11	12	13	14	15
A. Red Beans & Rice or Hamburger B. Salad C. Sandwiches Spinach, Corn Muffin, Icee Dog, Juice, Milk	A. Mandarin Chicken or Hamburgers B. Salad C. Sandwiches Mashed Potatoes, Gravy, Peas, Pineapples, Juice, Milk	A. Hot Dog or Hamburger B. Salad C. Sandwiches Chili, Oven Fries, Mixed Fruit, Juice, Milk	A. Chicken Alfredo or Hamburger B. Salad C. Sandwiches Lima Beans, Carrots, Fruit of the Day, Juice, Milk	A. Cheese Pizza or Hamburger B. Salad C. Sandwich Oven Fries, CA Veggies, Diced Pears Juice/Milk
18	19	20	21	22
A. Meatball Sub(BBQ) or Hamburger B. Salad C. Sandwiches Hot Dog Bun, Spinach, Mixed Veggies, Mandarin Oranges, Juice, Milk	A. Chicken Tenders or Hamburger B. Salad C. Sandwiches Rice & Gravy, Green Beans, Peaches, Juice, Milk	A. Corn Dogs or Hamburger B. Salad C. Sandwiches Baked Beans, Broccoli & Cheese, Sliced Pears Juice, Milk	A. Ravioli or Hamburger B. Salad C. Sandwich Mashed Potatoes, Green Beans, Fruit of the Day, Juice/Milk	A. Stuffed Crust Pepporoni Pizza or Hamburger B. Salad C. Sandwiches Cream Corn, Side Salad, Strawberry Ice, Juice, Milk
25	26	27	28	29
A. Cheese Omelet or Hamburger B. Salad C. Sandwiches Pancakes, Tator Tots, Grits, Fruit of the Day, Juice, Milk	A. Nacho Grande or Hamburger B. Salad C. Sandwiches Salsa, Black Beans, Diced Apples, Juice, Milk	A. Spaghetti w/Meat Sauce or Hamburger B. Salad C. Sandwiches Green Beans, Side Salad, Mixed Fruit, Juice, Milk	A. Diced BBQ Chicken or Hamburger B. Salad C. Sandwiches Blackeye Peas, Diced Potatoes, Fruit of the Day, Juice, Milk	A. Chicken Nuggets or Hamburger B. Salad C. Sandwiches French Fries, Mac & Cheese, Pudding, Juice, Milk

Salads Served Daily: Chef Salad, Tuna Salad and Grilled Chicken Salad

Sandwiches Served Daily: Ham, Tuna, PB&J, and Grilled Chicken

Select 1 Entrée Daily \$3.50 Includes Milk

Variety of Milk, Juice and bottled water served
Daily - \$.50 extra or with lunch boxes

Snacks may be purchased during morning recess until 9:40am, cash only. Grab and Go Breakfast available daily, preorders not required - although payment should be sent in. There is no charging for any type of snack. Lunch accounts must be paid in advance.

Breakfast and Lunch Program

St. Vincent de Paul School serves breakfast and lunch. Federal assistance is available for qualifying families regardless of race, sex or national origin. As part of federal guidelines, "fast food" items and carbonated beverages may not be brought into the cafeteria at lunch by the student and/or parent or guardian.