

3/20 (UPDATED) SVDP 2018 Track Practice Schedule:

Practices held at school on Fridays are from 3:30 – 4:15 for the event/grade on the specific dates below. Practices on Wed. are from 3:30 – 4:00(Only). Students may bring clothes/tennis shoes if needed on practice day(s) to change into. On practice day track team members will meet me in the cafeteria after carline and should be picked up promptly unless staying after school for aftercare etc.

*** Wed. 3/21 Softball Throw 3:30 – 4:30 (3rd-6th)

*** Fri. 3/23 50 yd./ 75 yd. Dash * (1st -3rd)

*** Wed.3/25 100yd,220yd &300yd Dash(3rd-6th) 3:30-4:00

*** Wed.4/11 Long Jump 3:30-4:00 Long Jump (1st-6th)

*** Fri. 4/13 50yd. / 75yd.Dash * (4th – 6th)

*** Wed. 4/18 Softball Throw 3:30 - 4:00 (3rd – 6th)

*** Fri. 4/20 Relay Teams * (4th – 6th)

***** Please try to attend practice(s) for the specific event/grade of your event(s).*****

***** Some practices may also take place during P.E.

***** If you have any questions my ph # is 861-2294

Thanks,
Coach V