St Vincent de Paul Lunch Menu



\$73.50 Total

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
THIS INSTITUTION	BBQ Meatballs	Pancake on a stick	Red Beans & Rice	Stuffed Crust Pizza
	Hamburger	Hamburger	Hamburger	Hamburger
IS AN	Salad or Sandwich	Salad or Sandwich	Salad or Sandwich	Salad or Sandwich
EQUAL	-Lima Beans, Mashed	-Tator Tots,	-Corn Bread, Cabbage,	-Fries, Green Beans
OPORTUNITY	Potatos, Fruit	Carrots, Fruit	Fruit	Fruit
PROVIDER	Juice or Milk	Juice or Milk	Juice or Milk	Juice or Milk
PROVIDER				
7	8	9	10	11
Chicken Nuggets	Nacho Grande	Grilled Cheese	Beef Ravioli	
Hamburger	Hamburger	Hamburger	Hamburger	
Salad or Sandwich	Salad or Sandwich	Salad or Sandwich	Salad or Sandwich	
-Mashed Potatos,	-Black Beans, Mexican	-Fries, Peas	-Broccoli, Cheese Bread	FALL HOLIDAY
Mixed Veggies	Corn,	Fruit	Fruit	
Fruit	Fruit	Juice or Milk	Juice or Milk	
Juice or Milk	Juice or Milk			
14	15	16	17	18
	Cheese Omelet	Corn Dogs	Chicken Alfredo	Mexican Pizza
	Hamburger	Hamburgers	Hamburger	Hamburger
	Salad or Sandwich	Salad or Sandwich	Salad or Sandwich	Salad or Sandwich
FALL HOLIDAY	-Hashbrowns,	-Yams	-Green Beans,	-Oven Fries, Corn,
	Grits, Fruit	Peas, Fruit	Fruit	Fruit
	Juice or Milk	Juice or Milk	Juice or Milk	Juice or Milk
21	22	23	24	25
Chicken Tenders	Cheesy Ckn Quesadilla	Hamburger	Spaghetti	Cheese Pizza
Hamburger	Hamburger	Salad or Sandwich	Hamburger	Hamburger
Salad or Sandwich	Salad or Sandwich	-Oven Fries, Peas	Salad or Sandwich	Salad or Sandwich
-Mac N Cheese,	-Spanish Rice, Pinto	Fruit	-Garlic Bread, Peas	-Fries, Baked Veggies
Broccoli	Beans	Juice or Milk	Fruit Juice	Fruit
Fruit Juice	Fruit		or Milk	Juice or Milk
or Milk	Juice or Milk			
28	29	30	31	
Chicken Poppers	Cheese Sticks	Hot Dogs	Stuffed Crust Pizza	
Hamburger	Hamburger	Hamburger	Hamburger	THIS INSTITUTION IS
Salad or Sandwich	Salad or Sandwich	Salad or Sandwich	Salad or Sandwich	AN
-Mashed Potatoes,	-Oven Fries, Mixed	-Chili, Fries,	-Oven Fries, Green	
Black Eye'd Peas, Fruit	Veggies	Corn	Beans	EQUAL OPORTUNITY
Juice or Milk	Fruit	Fruit	Fruit	PROVIDER
	Juice or Milk	Juice or Milk	Juice or Milk	

Salads Served Daily: Chef Salad, and Grilled Chicken Salad

Sandwiches Served Daily: PB&J & Grilled Chicken - Raw Baby Carrots with Ranch available daily

Select 1 Entrée Daily \$3.50 Includes Milk

Variety of Milk, Juice and bottled water served Daily - \$.50 all extra drinks, available with lunch boxes

Lunch Accounts must be paid in FACTS. Snacks may be purchased during morning recess until 9:40 a.m.; cash only. Grab and Go Breakfast available daily, \$2. Preorders not required. Snacks may not be charged to a lunch account, no exceptions. Adult Lunch = \$5, Breakfast \$3

Breakfast and Lunch Program

St. Vincent de Paul School serves breakfast and lunch. Federal assistance is available for qualifying families regardless of race, sex or national origin. As part of federal guidelines, "fast food" items and carbonated beverages may not be brought into the cafeteria at lunch by the student and/or parent or guardian.